



BRITISH
SCHOOL OF
VILA-REAL

Great learning has no limits!



**EXTRACURRICULAR
ACTIVITIES
2022-2023**

Index

French	4
Chinese I & Chinese II	5
Robotics for Early Years	6
Robotics for Primary	7
Robotics - advanced level	8
Football school	9
Swimming	10
First aid for lifeguarding	11
Modern dance	12
Capoeira	13
Chess for beginners.....	14
Piano	15
Guitar	16
Drama for beginners	17
Support lessons	18
Kitsune / Pre-Aloha	19
Fees	20
General considerations	22
Timetable	23

At BSV, learning is a journey of discovery where, by being creative, taking risks and making mistakes, we improve our knowledge, skills and understanding.

This statement has been created by BSV staff, parents and students.



FRENCH

From 6 years old



French has historically been one of the most widely spoken and respected languages in the world. Many countries speak French as an official language.

Learning a new language will always be a source of achievement and that is why French is an opportunity for students who are learning this language or who want to start learning it to make the most of it.

Aim:

Language teaching by embracing a new language through vocabulary, speaking, listening and writing comprehension at a basic beginners' level.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LANGUAGE
French	From 6 years old	1 hour, 2 days/week	French



CHINESE I & CHINESE II

6 to 10 years old

Chinese is one of the most learnt and requested languages as well as being the language of the future. At British School of Vila-real we have been offering Chinese to our students for many years.

Ms. Lili, our native Chinese teacher, has extensive teaching experience and a dynamic system which combines language and Chinese culture in a fun and enjoyable environment.

Aim:

Chinese 1: students will learn songs, games and how to write simple words in Chinese.

Chinese 2: students will learn about Chinese culture, how to write more complex words and we also help them prepare for official exams through support lessons.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LANGUAGE
Chinese 1	4 to 7 years old	1 hour, 2 days/week	Chinese
Chinese 2	From 7 years old	1 hour, 2 days/week	Chinese

FOR EARLY YEARS

From 3 years old

At the age of 3, children's imagination and curiosity explode, so it is a good time to discover robotics and learn the first notions of programming. All this through play, thus developing creativity, visual orientation, planning and teamwork.

Students will work on LEGO/DUPLO and Scratch JR educational software.

Aim:

Pupils will create stories by making programming pads with the Bee-bot and Cubetto robot and actively reinforce concepts such as letters, geometric shapes, colours, numbers, English vocabulary, etc.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Starter	3 to 5 years old	1 h. 1 day/week	English / Spanish



PRIMARY

From 6 years old

The aim is to introduce the construction of robots and their programming in a fun and very practical way.

It also encourages creativity to solve situations in which they will have to use different resources and sensors to achieve goals with their own robots.

During the course, students will work on 10 different themed projects building robots with LEGO Education WeDo 2.0 and program movements on the LEGO and Scratch platforms.

Given Pandemic's situation at the moment we do not know if any Robot competition will take place. We will keep you informed.

Aim:

Students will build and program robots, fly drones and build vehicles that move using solar panels and Arduino projects. They will also develop key skills for their future such as creativity, innovation, logical thinking, etc.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Interme-diate	6 to 11 years old	1 h. 1 day/week	English / Spanish



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ADVANCED

From 12 years old

This activity focuses on teaching robotics at a more advanced level, enabling students to learn how to create mechanical designs for complex robotic systems, improving their understanding of basic concepts of electricity, electronics, mechanics, robotics and script programming, as well as encouraging the study of science, mathematics and technology.

Aim:

Working on students' creativity and enthusiasm by providing a calm, fun and useful study environment.

Students will develop mechanical assemblies and programming of robots in scripting language, 3D design and preparation of a research project to compete in the First Lego League.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Advanced	12 to 16 years old	1 h. y 15 min. 1 day / week	Spanish / English

Advanced Robotics students will be able to participate voluntarily in the First Lego League to be held at the Campus of the University of Valencia located in the city of Alcoy during the month of March 2022.

Travel expenses to the competition will be paid by the parents.

Watch video



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FOOTBALL

Beginners

Football is one of the most popular sporting activities among children and young people, thanks to the fun and physical exercise it provides, which makes it a complete activity for their education and entertainment.

At our school we will help them to develop their skills by developing cooperative behaviour both on and off the pitch, encouraging respect for other teammates as well as acquiring a technical and tactical mastery of the game. The child will become familiar with the ball through control exercises, driving and striking, passing and receiving the ball, depth, passing and positioning both in defence and offence.

Children should wear appropriate clothing for the activity (sports clothing and footwear).

Aim:

The main objective is to encourage participation and promote this sport as a healthy and fun activity, respecting values such as fair play and teamwork, cooperation and companionship.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginners	4 to 12 years old	1 h. 2 days / week	Spanish



SWIMMING

From 3 years old

With the after-school swimming activity, students will experience how it is possible to acquire a healthy sporting habit in a fun and stimulating environment, the swimming pool. "Swimming is the most complete sport that exists" due to the benefits it brings such as good physical condition, flexibility and speed, respiratory capacity, fine motor coordination, balance, orientation and body relaxation.

Registration received will be used to form 2 groups of different levels, according to

the level of swimming knowledge and mastery:

- * **Flotation & Introduction:** students who are new to the aquatic environment.
- * **Proficiency:** students who have experience in the water. They improve their knowledge of the different swimming styles such as crawl, backstroke, breaststroke, butterfly...

The instructors will help the children to change their clothes and dry their hair.

Aim:

For children who are just starting to learn to swim and for those who already know how to swim, to improve their swimming skills.

LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Introduc-tion	From 3 years old	1 h. 2 days / week	Spanish
Proficiency	Up to 12 years old	1 h. 2 days / week	Spanish



FIRST AID

For lifeguarding, from 16 years old

Through this extracurricular activity we aim to raise awareness among all interested students and parents of the vital importance of this training course, since its main objective is to protect both the lives and health of people who are endangered by accidents on land and in the water.

This course is aimed at students with a minimum age of 16 years and parents interested in recognising emergency situations, becoming familiar with cardiopulmonary resuscitation techniques, the assessment of the injured, and the

basic measures to adopt in an emergency in general. It also provides the student with knowledge of rescue techniques in the aquatic environment and the actions to be performed in this environment in emergency situations.

At the end of this course, an official accreditation certificate is provided by the Spanish Red Cross with which students can be employed in jobs as aquatic lifeguards.

Aim:

Being able to avoid and prevent possible risk situations in aquatic environments, swimming pools; as well as to train for rescue and lifeguarding in aquatic environments and the provision of First Aid.



RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
From 16 years old	120 hours in total (40h First Aid and 80h Aquatic Lifeguarding) *	Spanish

Those interested should register for this after-school activity by following the registration procedure for extracurricular activities. We will then contact them and give them more specific information once a minimum group of 8 students has been formed. [Sign up here:](#)



*Dates and price to be confirmed.

MODERN DANCE

From 4 years old

This dance modality allows children to learn and practise choreographies to contemporary songs, mainly modern and pop, which they know and listen to regularly in their daily lives.

In order to help them to uninhibit themselves and learn the different techniques more easily, we teach them through games and group dynamics.

Aim:

Helping children to get to know and use their body as a means of expression, improving psychomotor skills such as coordination, flexibility, strength, balance and orientation.

It encourages teamwork and active listening as it involves learning and replicating choreographies worked on by the whole group.

LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginners	4 to 6 years old	2 hours / week	Spanish



CAPOEIRA

From 6 years old

Capoeira is a martial art from Brazil. The practice of this sport develops physical qualities: flexibility, muscular strength, coordination, agility, cardiovascular endurance and the mind.

All this makes this sport an ideal option to actively occupy leisure time and extracurricular activities.

The practice of this activity will be carried out through different games, exercises and recreational activities.

Aim:

Providing students with the basic information and skills to be able to understand and develop this discipline.

LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginners	From 5 years old	2 hours / week	Spanish



Chess

Beginner & Amateur

Chess is one of the most complete games to develop our students' minds, we provide them with knowledge and techniques at different levels of the game so that they can enjoy a game of strategy and tactics that rewards discipline and perseverance.

We will use the computer room to learn and develop virtual tactics, thus avoiding the use of chess pieces and boards.

The classes will take place in the computer room where the instructor will give an explanation at the beginning of the class of the exercises or techniques programmed for that day. Once the students are familiar with this new technique, they will have to put it into practice through an app where private games will be created so that the students can play online games with their classmates.

Aim:

Developing a range of intelligence and cognitive learning attitudes while interacting with their peers.



PIANO

From 6 years old

Given the success of this activity, we continue our commitment to our students' musical growth, bringing them closer to a basic knowledge of the instrument and to musical interpretation as a means of social communication through the first notions of musical language and the acquisition of a good basic technique.

Classes are individual and will generally take place at midday, although students and their parents can arrange another time with the teacher.

Aim:

Learning how the instrument works and its sound possibilities, adopting a correct body position, knowing and being able to play a musical repertoire appropriate to the level that each student, with their own effort, is able to reach.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginner	From 6 years old	30 minutes, 1 day / week	Spanish



GUITAR

From 6 years old

This is a basic introduction to the handling and use of the guitar by teaching basic concepts such as notes, chords, hand position, tuning the instrument and different musical styles.

This activity will be taught in groups and it is recommended that students bring their own guitar as a personal instrument and at the same time they will be able to practice at home what they have learnt in class.

Aim:

Getting to know the instrument and its parts, understanding and interpreting chord diagrams and transferring them to the instrument, acquiring basic knowledge of musical language and tablature.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginner	From 6 years old	1 hour, 2 days / week	English



DRAMA

Beginners

By introducing children to Drama, we aim to make it easier for them to understand the concepts of space and time, develop their imagination, learn to listen to themselves and to others, increase their sensitivity and learn to value the work of others. In this way, Drama opens for children the doors to creation, storytelling, imagination and fun.

Aim:

Acting, building scenarios, learning to express feelings, developing self-expression and creative skills, feeling and understanding the personality of each character they play.

LEVELS	RECOMMENDED AGE	CLASSES DURATION	IDIOMA
Beginner	From 6 years old	2 hours / week	Spanish



SCHOOL SUPPORT LESSONS

The main aim of the school support lessons is to revise a particular subject in order to meet the needs of a pupil who is experiencing difficulties. For this reason, the contents of the support lessons and the subjects addressed are directly linked to the school timetable.

In this case, registration for these support lessons is related to the support required by the pupil in order to achieve the educational objectives of a particular subject.

The student receives personalised teaching,

which means that the teacher who gives these lessons dedicates more time to specific exercises, especially those which are more difficult for the student to complete.

These support lessons are provided by BSV teachers and for further information please contact the Extracurricular Activities Coordinator.

José Delgado (j.delgado@bsv.edu.es)



KITSUNE/PRE-ALOHA

From 4 years old

Kitsune is an early stimulation programme for Early Years students that develops their brain, emotional and motor skills. When children turn 6 and have completed Kitsune, they move on to the Aloha preparation programme, called Pre-Aloha.

These lessons are fun sessions designed to activate students' abilities - also known as superpowers - through concentration, photographic memory, incredible calculation skills and the assimilation of basic mathematical concepts.

The Impact of Learning Mental Arithmetic with Abacus" demonstrates how the ALOHA programme influences children's abilities.

Aim:

Awakening children's curiosity, promoting creative thinking and showing them all what this activity can provide students with.



LEVELS	RECOMMENDED AGE	CLASSES DURATION	LAN-GUAGE
Beginner	From 4 years old	1 h. 1 day / week	Spanish
Pre-Aloha	3 to 5 years old	1 h. 1 day / week	Spanish



FEES

EXTRACURRICULAR ACTIVITIES FEES FROM OCTOBER 2022 TO JANUARY 2023*

ACTIVITY	PERIOD FEE	LANGUAGE
CHINESE I	225,50 € (2 classes / week)	CHINESE
CHINESE II	225,50 € (2 classes / week)	CHINESE
FRENCH	160,00 € (2 classes / week)	FRENCH
ROBOTICS - EARLY YEARS	140,00 € (1 class / week)	ENGLISH
ROBOTICS - PRIMARY	180,00 € (1 class / week)	ENGLISH
ROBOTICS - ADVANCED	240,00 € (1 class / week)	ENGLISH/SPANISH
FOOTBALL SCHOOL	140,00 € (2 classes / week)	SPANISH
SWIMMING	240,00 € (2 classes / week)	SPANISH
PIANO	260,00 € (1 class / week)	ENGLISH
GUITAR	140,00 € (2 classes / week)	SPANISH
CHESS	100,00 € (1 class / week)	ENGLISH
SCHOOL SUPPORT LESSONS	Individual lesson: 30€/h Group lesson (max. 3): 20€/h	ENGLISH
CAPOEIRA	140,00 € (2 classes / week)	SPANISH
MODERN DANCE	140,00 € (2 classes / week)	SPANISH
DRAMA	100,00 € (1 class / week)	ENGLISH
KITSUNE / PREALOHA	See general considerations	SPANISH

* The price of the activities is per four-month period,
from 3rd October 2022 to 31st January 2023.

EXTRACURRICULAR ACTIVITIES FEES FROM FEBRUARY 2023 TO JUNE 2023*

ACTIVITY	PERIOD FEE	LANGUAGE
CHINESE I	282,00 € (2 classes / week)	CHINESE
CHINESE II	282,00 € (2 classes / week)	CHINESE
FRENCH	200,00 € (2 classes / week)	FRENCH
ROBOTICS - EARLY YEARS	175,00 € (1 class / week)	ENGLISH
ROBOTICS - PRIMARY	225,00 € (1 class / week)	ENGLISH
ROBOTICS - ADVANCED	300,00 € (1 class / week)	ENGLISH/SPANISH
FOOTBALL SCHOOL	175,00 € (2 classes / week)	SPANISH
SWIMMING	285,00 € (2 classes / week)	SPANISH
PIANO	308,75 € (1 class / week)	ENGLISH
GUITAR	175,00 € (2 classes / week)	SPANISH
CHESS	125,00 € (1 class / week)	ENGLISH
SCHOOL SUPPORT LESSONS	Individual lesson: 30€/h Group lesson (max. 3): 20€/h	ENGLISH
CAPOEIRA	175,00 € (2 classes / week)	SPANISH
MODERN DANCE	175,50 € (2 classes / week)	SPANISH
DRAMA	125,00 € (1 class / week)	ENGLISH
KITSUNE / PREALOHA	See general considerations	SPANISH

* Price of the activities is per five-month period, for the period
from 1st February 2023 to 23rd June 2023.

GENERAL CONSIDERATIONS

* Extracurricular activities will start on 3rd October and will end on 23rd June 2023.

* The school will be monitoring the regulations and safety standards issued by the Government with regard to COVID-19 measures and therefore all extracurricular activities and class capacities will be taken into account at all times and may vary in order to ensure a safe start and continuity of the extracurricular activities throughout the school year.

All extracurricular instructors and companies have the necessary training and qualifications in accordance with COVID-19 regulations.

* Swimming instructors will change children's clothes if, due to their age, they need help to get dressed.

Parents will not have access to the changing rooms while the pupils are changing clothes and, for this reason, the duration of the classes will be approximately 35 minutes to allow time to change all the pupils.

It is recommended to wear a T-shirt or swimming trunks during the very cold months.

If sanitary measures so require, hair dryers will not be used, so we would recommend the use of plastic or silicone hats while in the water and another woollen hat for when the activity has finished.

* The timetable for all extracurricular activities will generally be from 17:00 to 18:00, except for Dance lessons which will be from 16:50 to 17:50, Advanced Robotics which will be from 16:45 to 18:00 and Piano which are individual and their timetable will be agreed between the parents of the pupils and the Piano teacher.

Piano lessons will generally take place in the

afternoon after lunch, but may also take place at other times if agreed with the teacher. Lessons will last 30 minutes.

* Guitar lessons are group lessons and instruments will be disinfected before and after use.

* If the Aloha / Kitsune classes do not have the minimum number of students, they can be given at the Aloha Centre in Castellón and the price will depend on the number of students. The Aloha Academy will inform each family about the price. For new registrations a one-off payment of 35€ will be required for registration. The monthly fee will depend on the minimum number of students per class:

- 10 or less students: 42.50 € / month
- 11 or more: 35€ / month

The Aloha Castellón academy will charge the fees for this extracurricular activity.

























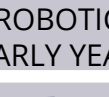

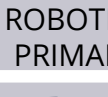


* The Aloha Castellón academy will charge the fees for this extracurricular activity.

Students will be picked up at the checkpoint located next to the Sports Hall at the scheduled time and the teacher will accompany the students to the checkpoint.

Please be punctual.

* The School support lessons can be given every day of the week and it will be necessary to contact the Coordinator of Extracurricular Activities or the student's own teacher to arrange this.

TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13:00- 15:00 16:40- 18:00	 PIANO	 PIANO	 PIANO	 PIANO	 PIANO
17:00 -18:00	 CAPOEIRA	 FRENCH	 CHESS	 CAPOEIRA	
	 FOOTBALL	 ALOHA KITSUNE	 FOOTBALL	 DRAMA	
	 CHINESE I	 CHINESE II	 CHINESE I	 CHINESE II	
		 GUITAR	 ROBOTICS ADVANCED	 GUITAR	
		 ROBOTICS EARLY YEARS	 FRENCH	 ROBOTICS PRIMARY	
	 SWIMMING GROUP A*	 SWIMMING GROUP B*	 SWIMMING GROUP A*	 SWIMMING GROUP B*	
	 MODERN DANCE		 MODERN DANCE		

* These timetables may be subject to change and will be confirmed during the last week of September.

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